



# Helianthus annuus SOLITA

Sunflower

# Culture guide

#### **Uses:**

Plants for bedding, attractive pot plants and container plants for patio.

### **Exposure:**

Sun

# Garden height:

16" / 40 cm

#### Crop time:

8-10 weeks

#### Sow time:

March-End July, sowing in intervals

#### Sowing method:

1-2 seeds per plug, can be sown directly into final pot

#### **Germination:**

5 days at 65-75 °F (18-24 °C). Stage II 70 °F (21 °C). Supplemental lighting during germination and plug production to control seedling stretch is beneficial to overall crop quality. For Stage III & IV reduce temperatures to 62 °F (17 °C), and begin feeding at 100-150 ppm nitrogen.

# **Growing On:**

Direct sow seed or transplant at two true leaf stage. Continue feeding at 100 ppm nitrogen weekly. Maintain temperatures above 62 °F (17 °C) for improved branching and overall quality. Fertilize weekly at 200-250 ppm nitrogen. Avoid excessive phosphorus.

#### Media:

Use a well-drained, growing substrate with 15-30 % clay, 1-3 kg/m³ complete balanced fertilizer, 0-2 kg/m³ slow release fertilizer (3-6 months), iron-chelate, micronutrients, pH: 5.5-6.2.

#### Temperature:

Grow at 15-18 °C. Cultivate flowering plants not below 12 °C. Helianthus plants do not tolerate frost.

# Fertilization:

High fertilization levels are required. Fertilize the crop weekly with 200-250 ppm nitrogen, using a potassium balanced fertilizer (N: K2O-ratio: 1:1,5). Avoid high ammonium and high nitrogen levels. Prevent magnesium deficiency by applying magnesium sulphate (0,05 %) 1-2 times and in case of iron deficiency apply iron-chelate for 1-2 times.